

## **Wellbeing at Work SIG - Established 2023**

World-leading expertise in workplace health and wellbeing exists across a wide-range of Australian universities. These strengths are facilitated and supported within universities through active research centres including Macquarie University Health & Wellbeing Research Unit, Griffith University Centre for Work, Organisation and Wellbeing; University of Sydney Body, Heart & Mind in Business, University of South Australia's Centre for Workplace Excellence, Edith Cowan Centre for Work + Wellbeing and Monash Work Health and Safety Research. While individual networks within and between these centres exist, there is currently no national forum that connects this dispersed yet important expertise. The "Wellbing at work" ANZAM SIG will facilitate these connections and foster national research strength in research pertaining to health and wellbeing at work. This unique SIG, operating at the critical intersection of business, psychology and health, brings together expertise in behavioural science, social psychology, leadership, management and organisational psychology as well as skills in qualitative and quantitative methodology. The track records of individual members along with recent successful collaborations reinforce the potential of this group to achieve global recognition for their collective research efforts.

Our objectives include:

1. Strengthen research excellence by facilitating collaboration and supporting the development of a national research consortium in health & wellbeing at work
2. Build the research capacity of research leaders, early career researchers and postgraduate students.
3. Build a reputation for world-leading engaged and applied research excellence that optimises the health and wellbeing of people in Australia.

Convenor Contact details:

Professor Rebecca Mitchell, Email: [rebecca.mitchell@mq.edu.au](mailto:rebecca.mitchell@mq.edu.au)