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Lee is a Professor in the School of Management & Information Systems at Central Queensland University. Prior to joining CQU in late 2001, Lee worked for BHP Steel at Port Kembla, Newcastle, and Melbourne.

Lee's primary research interests are centred on the effects of shift work and human fatigue on well-being, and high performance human resource management. He is currently supervising students on emotional intelligence, work-life conflict and work stress.

Lee is on the editorial board of the *Journal of Organizational Behavior* and an ad-hoc reviewer for a number of journals. He has also edited three special issue journals devoted to shift work, convened the 2006 ANZAM Conference, and in 2007 chaired the 18th International Symposium on Shiftwork. Currently he is on the Scientific Committee for the 26th International Society of Chronobiology and the Work Stress and Health 2011 Conference.

Lee is a registered psychologist, a member of the Australian Psychological Society, the Society for Industrial and Organizational Psychology, and ANZAM.